

## HOW TO FIND BALANCE: STRENGTHEN THE 5 PILLARS OF RELATIONSHIP



*Faith-Family-Friends-Fitness-Finance*

*Scriptures for Meditation*

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**Matthew 7:24-27** "Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. **25** The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall because it had its foundation on the rock. **26** But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. **27** The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash."

**1 Corinthians 3:9-11** For we are co-workers in God's service; you are God's field, God's building. **10** By the grace God has given me, I laid a foundation as a wise builder, and someone else is building on it. But each one should build with care. **11** For no one can lay any foundation other than the one already laid, which is Jesus Christ.

**Job 8:28** And unto man he said, Behold, the fear of the Lord, that is wisdom; and to depart from evil is understanding.

**Proverbs 10:8** A wise heart will receive commandments, but foolish lips will come to ruin.

**Proverbs 10:25** When the whirlwind passes, the wicked are no more, but the righteous are secure forever.

**JOHN 13:17** IF YOU KNOW THESE THINGS, YOU WILL BE BLESSED IF YOU DO THEM.

**Luke 6:47** I will show you what he is like who comes to Me and hears My words and acts on them:

**JAMES 1:22** BE DOERS OF THE WORD, AND NOT HEARERS ONLY. OTHERWISE, YOU ARE DECEIVING YOURSELVES.

## *PRAYERFULLY CONSIDER*

- **Faith:** Do I connect with God through the Holy Spirit?
- **Family and friends:** Am I serving and being served?
- **Fitness:** Do I exercise?
- **Financial:** Do I tell my money where to go?